

# Blogger Body Calendar

Blogger BODY 2011 Calendar

*In the United States, as many as 10 million females and 1 million males are fighting a life and death battle with an eating disorder such as anorexia or bulimia. Millions more are struggling with binge eating disorder.*

The participants in the Blogger Body Project believe that a healthy body image is important.

Young men and women are bombarded every day with messages that their self worth correlates to the size of their jeans or bra size. **The participants of this calendar do not believe in a society where worth is judged by individual beauty.**

Thus, the idea for a calendar was born to promote healthy, realistic body image, bring awareness and help fight stigma. We are proud of our bodies, proud to show them off, and we hold true to the belief that our bodies, flaws and all, define beauty in the same way that our blogs define intelligence.

That is why all participation in this



project is voluntary and proceeds raised from the sale of the calendar (after printing costs) will be donated to the National Eating Disorders Association (NEDA).

## CONTACT INFORMATION

**Web:** [www.bloggerbodycalendar.com](http://www.bloggerbodycalendar.com)

**Twitter:** [@bbc2011](https://twitter.com/bbc2011)

**FB:** [www.facebook.com/bbc2011](https://www.facebook.com/bbc2011)

**Contact:** Amy Phillips  
[amy@bloggerbodycalendar.com](mailto:amy@bloggerbodycalendar.com)

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Raising awareness and money for the NEDA and potentially being able to help even one mother out there who has a child experiencing this soul-sucking disorder is why I am posing nude. For me, the 'getting naked' is more psychological than physical, because it's the first time I've shared the story about what I went through when an eating disorder brought its evil cloud to my home and almost took my 12 year old child with it.

-Mary McCarthy, Ms. October

## BLOGGERS PARTICIPATING IN THE CALENDAR INCLUDE:

Twitter handle / Name & Blog

- January @guiltysquid / Kelli from [Guilty Squid](#)
- February @pixelation / Alison from [Creative Spayce](#)
- March @mmarzipan / Mara from [Medicinal Marzipan](#)
- April @MyBottlesUp / Nic from [My Bottle's Up](#)
- May @thenagainphoto / Dumb Mom from [Parenting By Dummies](#)
- June @toywithme / Sandy from [Toy With Me](#)
- July @outnumberedisme / Jason from [Out-numbered](#)
- August @redneckmommy / Tanis from [Attack of the Redneck Mommy](#)
- September @amydpp / Amy from [Accidental Musings](#)
- October @marymac / Mary from [Pajamas and Coffee](#)
- November @L8enough / Alex from [Late Enough](#)
- December @TheBloggess / Jenny from [The Bloggess](#)